

**HOLDER FOR ASSISTING IN HOLDING PAINT CONTAINER****ABSTRACT OF THE DISCLOSURE**

A holder for assisting in holding a paint container  
5 includes a sleeve adapted to receive a thumb of a hand. The  
holder also includes a retainer connected to the sleeve  
adapted to retain a handle of a paint container and allow a  
weight of the paint container to be transferred to a remainder  
of the hand supporting a bottom of the paint container.

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